

International Women's Day: Imagine a Gender-Equal World



The London Eye
English Consultant

PODCAST #S1E19: Welcome to this new episode of “The Deep Dive”. In today’s episode, Dan and Mary will celebrate the International Women’s Day with all of us by sharing some interesting points about how the use vocabulary can help us reach a more equal world . We hope you enjoy it!!

D: Hey everyone, and welcome back to the *Deep Dive*. You know, in honor of International Women's Day, we're doing a *Deep Dive* into the idea of a gender equal world.

M: Oh, that's a great topic.

D: It is. And this year's theme really got me thinking. It's all about imagining a world free of bias and stereotypes. In where diversity is celebrated.

M: Yeah.

D: But even the way we talk about these issues can make a huge difference.

M: Absolutely. The source material that we are looking at today actually highlights how language can either reinforce or challenge the systems that perpetuate inequality.

D: Right

M: And even some seamanly simple terms like “*equality*” and “*equity*” have these nuanced meanings that we need to understand.

D: You know, I always thought those words were kinda interchangeable.

M: Right.

D: But the source material breaks it down in a way that really clicked for me.

M: Exactly. “*Equality*” is about treating everyone the same

D: Okay.

M: While “*equity*” recognizes that not all of us start from the same place. So true fairness might actually mean providing different levels of support to ensure that everyone has a genuine shot at reaching their full potential. Right?

D: Like a real world example.

M: Yeah.

D: Okay.

M: Think about access to education in rural communities.

D: Go ahead.

M: If some kids have to walk for miles to school while others have transportation, just providing the same resources to each school isn't truly equitable.

D: Yeah. That makes sense. If some kids have to walk miles to get to school

M: Right.

D: While others have buses or cars or whatever

M: Exactly.

D: Then just giving the same resources to each school isn't really equitable.

M: Precisely. It's about understanding the systemic barriers that different groups face and addressing those barriers to create a truly level playing field.

D: Right.

M: And to do that, we need a shared understanding of the vocabulary of equality.

D: Yeah.

M: Our source material actually breaks down a lot of terms like “*gender equality*”

D: Okay.

M: “*Diversity, inclusion, bias, stereotypes, discrimination*”.

D: Woah. That's a lot to unpack.

M: It is.

D: But I get why it's so important to, like, define these terms carefully.

M: Right.

D: Because if we're not all on the same page about what they mean

M: Yeah.

D: How can we even have productive conversations, let alone work towards solutions?

M: Absolutely. And the source material goes even deeper. It points out how unconscious bias can lead to the stereotypes that then fuel discrimination.

D: Wow.

M: It's a chain reaction that we need to break.

D: It all starts with being more aware of the language we use. Right? I mean, there's that quote from the source that really stuck with me. It says,

“language plays a crucial role in shaping our perceptions and reinforcing or challenging societal norms”.

M: It's such a powerful reminder that the words we choose have an impact. You know?

D: Right.

M: Do they perpetuate harmful stereotypes, or do they challenge those norms and create space for more inclusive ways of thinking and being?

D: Yeah.

M: It's a question worth asking ourselves every day, not just on International Women's Day.

D: Yeah. It really makes you stop and think, you know, like

M: Yeah.

D: How many times have I unknowingly used language that reinforces these harmful stereotypes? I'm definitely gonna be paying more attention to that.

M: That's the first step toward real change.

D: Yeah.

D: And the great thing is our source material doesn't just leave us with these, you know, heavy concepts. It actually gives us some actions that we can take.

D: Okay. Now we're talking everybody loves a good action plan. What kind of things are we talking about?

M: Well, it starts with challenging those stereotypes whenever we encounter them.

D: Okay.

M: Whether it's just a casual comment or a deeply ingrained societal norm, we need to speak up and disrupt those patterns.

D: And that ties into the idea of being an ally. Right?

M: Exactly.

D: Like, not just staying silent when we see injustice happening.

M: Allyship goes beyond words.

D: Yeah.

M: It's about actively supporting women's empowerment, advocating for their rights, and amplifying their voices in spaces where they might be marginalized.

D: This is really making me realize how much power we have as individuals, you know, to create change.

M: Yeah.

D: It's not just about waiting for these big systemic shifts. It's about taking action in our own lives and communities.

M: Absolutely. And one of the most important things we can do is educate ourselves and others.

D: Okay.

M: The more we understand the nuances of gender equality

D: Right.

M: The more effectively we can advocate for change.

D: It all comes back to the power of knowledge.

M: Yeah.

D: Right? But, honestly, with all the information out there, it can be so overwhelming. Like, where do we even begin?

M: Well, that's where this *Deep Dive* comes in. We've curated the most important insights from this source material to give you a solid foundation.

D: But there's always more to explore. Right?

M: Absolutely. We encourage you to check out the full source material. It's got even more inspiring stories and in-depth analysis and just practical advice.

D: Awesome. Well, that wraps up our deep dive for International Women's Day.

M: Yeah. We hope you found this exploration valuable. You know?

D: Yeah.

M: Building a more gender equal world is a collective effort.

D: For sure. And even small actions can make a difference.

M: So keep learning, keep imagining, and keep taking action.

D: You know, we really only scratched the surface today.

M: Yeah. We did.

D: But, hopefully, this gives you a better grasp of how language plays such a powerful role

M: Yeah.

D: You know, in shaping our perceptions and driving change.

M: Yeah. Remember that quote we mentioned? Language plays a crucial role in shaping our perceptions and reinforcing our challenging societal norms.

D: Yeah. Such a good one.

M: I think that's a great takeaway for everyone listening.

D: Totally. Yeah. It's a call to action for all of us to be more mindful of the language we use and to make sure that we're using our words to build a more, you know, equitable and inclusive world.

M: Exactly. Even seemingly small changes in our language can have ripple effect, creating a more positive and empowering environment for everyone.

D: So as we wrap up our *Deep Dive* for International Women's Day

M: Yeah.

D: We challenge you to think about one concrete action you can take today to contribute to a more gender equal world.

M: Mhmm. Will you challenge a stereotype, advocate for a woman in your workplace, educate yourself on a specific issue? Every step counts.

D: That's right. Well, thanks for joining us on this journey of exploration, and we hope you feel inspired to keep learning, keep imagining, and keep taking action.

M: Happy International Women's Day, everyone.